Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Period:\_\_\_\_\_\_\_

Treatment of Psychological Disorders Reading Guide (Barron’s Ch. 13, Textbook Ch. 16)

1. How have the attitudes towards and treatments of the mentally ill changed over time?

2. For each of the major types of therapies, briefly *define* and *explain* major techniques

a. Psychoanalytic:

b. Humanistic:

c. Behavioral:

d. Cognitive:

e. Cognitive-Behavioral:

3. Why would someone attend group therapy instead of one-on-one?

4. What are somatic therapies?

5. List the common drugs used to treat the following disorders. How do they work?

Schizophrenia:

Depression:

Bipolar:

Anxiety:

6. What type of therapy do most therapists use?

7. What is the difference between psychoanalytic and psychodynamic?

8. What if someone has a lot going on in their life and they would like to talk to someone, but they do not have a clinical disorder. Who should they see?

9. What is the difference between a psychiatrist, clinical psychologist, and counseling therapist?